



ZOË LINTZERIS

b. Baltimore, Maryland

SELECT GROUP EXHIBITIONS

2023

Under 500, Maryland Art Place, Baltimore, MD

Generation: Crit I, Zeke's Coffee Shop, Baltimore, MD

Out of Order, Maryland Art Place, Baltimore, MD

2022

Under 500, Maryland Art Place, Baltimore, MD

Out of Order, Maryland Art Place, Baltimore, MD

Black and White, St. Hrouda, Brooklyn, NY

2021

Featured artist, LED Baltimore, Baltimore, MD

Art for NYC Inaugural, The Market Line, New York, NY

A World of Love, St. Hrouda, Brooklyn, NY

2020

Chaos in Reality, St. Hrouda, Brooklyn, NY

2019

Dazed In A Dream, St. Hrouda, Brooklyn, NY

Women in Focus, St. Hrouda, Brooklyn, NY

Healing and Resistance, The Footlight, Ridgewood, NY

ABZU, 222 Bowery, New York, NY

2018

First Fall Double Decker Salon Show, Greenpoint Gallery, Brooklyn, NY

BYO Art for Pride Month, The Living Gallery Outpost, New York, NY

Conception Arts New York, M1-5 Lounge, New York, NY

2017

The Dream Is Dead! Long Live the Dream!, 100 Bogart, Brooklyn, NY

Recover, The Living Gallery Outpost, New York, NY
Bushwick Open Studios 2017, Gallery Bar, Brooklyn, NY
Bushwick Invitational, ArtHelix Gallery | SHIM, Brooklyn, NY
Tremors, Point Green Studios, Brooklyn, NY
BYO Art for International Women's Day, The Living Gallery, Brooklyn, NY

2016

Bushwick Open Studios 2016, Gallery Bar, Brooklyn, NY
Out in the Streets, TalkingWalls Collaborative, Brooklyn, NY

2015

Summer Exhibition, Clover's Fine Art Gallery, Brooklyn, NY

SOLO EXHIBITIONS

2022

Astrologia, The Alchemy of Art, Baltimore, MD

2020

Just Breathe, virtual, Brooklyn, NY

2019

The MaskYouLinity Project, 56 Ludlow, New York, NY

2018

The Heartbroke Project, POWRPLNT, Brooklyn, NY

2017

The Ladies Project, Evergreen Studios, Brooklyn, NY

SPEAKING ENGAGEMENTS

2023

"A conversation on Making Art when the world goes to hell", with Professor Peter O'Connor, New Zealand ITAC Hub

"Art To The People: How to Help Our Communities Heal Through Creative Wellness Practices", Artivism: The Power of Art for Social Transformation at Adelphi University

2022

"Reimagining Our World Through Revolutionary Retreats", Presenter, ITAC Oslo 6

"Coping Through Creativity: How Meditation and Art-Making Improve Your Workplace Well-being", Maryland State Bar Association Legal Summit Series

"The Truth In This Art" with Rob Lee, Maryland Arts Summit 2022

"City Knights! Why Your Art Matters" with Rob Lee, Baltimore City College

"ART TO THE PEOPLE: How to Help Our Communities Heal via Creative Wellness Practices", Roundtable Presenter, 2022 Annual Americans for the Arts Convention

2021

yazmany x zoë: a conversation centering art and mental health, Community Arts Network

Sip of Creativity with Miia

Getting to the Truth In This Art podcast with Rob Lee

2019

Art as Wellness Body Talk, BODY POLITIC

TEACHING ENGAGEMENTS

2022-2023

"Art To The People" workshops, Creative Alliance, Baltimore, MD

2021 - 2023

"Self-care 101 for Solopreneuers: Meditation and More to Support Your Workday" workshops, Freelancers Hub

2021

"Art To The People" workshops, The Alchemy of Art, Baltimore, MD

2020 - Present

Workshops and sessions for continuing individual, nonprofit and corporate clients

2019

Water and Stone, Brooklyn, NY

2018 - 2019

Private Picassos, Brooklyn, NY

2016

Tumbleweeds Art Group, Brooklyn, NY

COLLABORATIONS & PARTNERSHIPS

2020 - Present

Artbean Coffee

PUBLICATIONS

2023

"The Art of Community: How Creative Spaces Help Support Baltimore City Residents", International Arts + Mind Lab Blog

"How Improvisational Movement and Dance Affect the Brain: A Q&A With Wake Forest Researchers Christina Hugenschmidt, PhD, and Christina Soriano", International Arts + Mind Lab Blog

"How 'Arts on Prescription' Could Change the Course of Healthcare: Q&A With IAM Lab's Director of Research, Tasha Golden, PhD", International Arts + Mind Lab Blog

2022

"How Dance Can Relieve Stress and Help Us Reconnect With Community During COVID-19", International Arts + Mind Lab Blog

2021

"How Processing COVID-19 as an Artist Transformed My Arts in Health Practice", ARTSBLOG, Americans for the Arts

"What If It's Time to Think How We Revalue Our Lives?" w/ Shannon Mullen O'Keefe, The Museum of Ideas

2019

"Physical Body: Invisible Stutter", with Madeline Wahl, The Stuttering Foundation

2018

"A Trip Around The World in 13 Architecture Photos", *feature shoot*

2017

"Displaced", Issue 17, Spring, *Silk Road Review: A Literary Crossroads*

FILM CREDITS

2017

Blue Circle Films, "Freed by God's Grace"

2016

Deutsche Welle, "Nothing Like It Was - New York Fifteen Years after 9/11"

EDUCATION

2020 Lesley University, GC Arts in Health

2004-2008 University of Maryland, College Park, BA Journalism, Minor Studio Arts