

Michele Minnick, Ph.D., C.M.A., S.M.T./E.
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Statement of Intent

Michele Minnick, PhD, CMA, SMT/E is a Baltimore-based independent theatre artist, teacher, scholar, and somatic movement educator and therapist. Her current projects propose social and environmental justice and a practical and theoretical engagement with the more-than-human world as part of an integrated movement towards presence, wholeness, and transformation in this time of climate crisis. She founded Vital Matters as an arts-based laboratory for change in 2021.

Selected Directing, Devising and Choreographing

2019	Kennesaw State University <i>Vital Matters</i> , A Devised work addressing our personal relationship to climate change (Director)
2019	James Madison University <i>Sotoba Komachi</i> by Yukio Mishima (Director)
2015	The Kitchen Theater <i>A Body of Water</i> by Lee Blessing (Director)
2015	The Historic Pratt House, Baltimore, MD <i>Mesmeric Revelations! Of Edgar Allan Poe</i> (Co-director and choreographer)
2014	The Kitchen Theatre, Ithaca NY, <i>Lungs</i> by Duncan Macmillan (Director)
2014	Outdoor Locations in Natal, Brazil <i>Lamatown</i> by Clotilde Tavares (Co-director)
2013	UMBC, Catonsville, MD: <i>Kid-Simple: A Radio Play in the Flesh</i> by Jordan Harrison (Director)
2012	The John Astin Theatre, JHU, Baltimore, MD (Iron Crow Theatre Company) <i>The Typographer's Dream</i> by Adam Bock (Director)

Creating & Performing Original Work

2018	The Marquee Lounge at Creative Alliance, Baltimore, MD. <i>BATS!</i> A Submersive Production (Conceived, Co-Created & Performed)
2012-2016	<i>ReDress</i> , a participatory performance addressing gendered verbal abuse (Performed in public squares in Florianopolis and Natal, Brazil, Quito, Ecuador, and Montevideo, Uruguay)

Select Producing, Curating, Organizing

2025 ongoing	Mutual Aid Mondays: Arts based community events to foster mutual well-being, share resources and build movement
2024	<i>Queer Climate Cabaret</i> at Creative Alliance, Baltimore, featuring Baltimore artists and guest artist Eli Nixon (Vital Matters)
2023	<i>All Good Things Must Begin: A Climate Change Theatre Action Event</i> at Creative Alliance, Baltimore (Vital Matters)
2025	<i>Global Water Dances</i> : A procession, a ritual, a community dance, held at City Arts 2 in Baltimore (Vital Matters)
2022-24	<i>Whose Earth (Day)?: A Day of Reckoning, Celebration, and Digging in the Dirt, at Ivy Bookshop in Baltimore</i> (Vital Matters)
2021	<i>Winter Seeds, a Climate Change Theatre Action Event</i> , The Voxel, Baltimore (Vital Matters)
2020	<i>Out of the Shadows: A Team Holler Joy Solstice Celebration</i> , Sabina-Mattfeldt Neighborhood, Baltimore
2019	Kennesaw State University, GA, Theatre Dept: <i>KSU Climate Change Theatre Action</i>
2017	The Crown, Baltimore, MD <i>Not My President's Day, a Bad and Nasty Event</i>

Awards and Honors

2024	Maryland State Arts Council Public Art Across Maryland Planning Grant
2024	Maryland State Arts Council Creativity Grant for <i>Queer Climate Cabaret</i>
2023	Maryland Climate Partners' Community Outreach Grant
2023	Maryland State Arts Council Creativity Grant for Global Water Dances
2023	Global Water Dances Site Impact Fund Grant
2021	Maryland State Arts Council Creativity Grant for <i>Winter Seeds</i>
2019	Ruby Individual Artist Grant for early development of <i>House Calls</i>
2016	<i>City Paper's "Best of Baltimore Awards"</i> Best Theatrical Experience for <i>The Mesmeric Revelations! of Edgar Allan Poe</i>

Select University and K-12 Teaching Artist Work

2018-present	Teaching artist with Arts for Learning Maryland, Baltimore, MD Arts and Arts-integrated teaching in Baltimore City and County Elementary Schools
2019-2020	Kennesaw State University, Kennesaw, GA Artist/Scholar in Residence and Visiting Assistant Professor of Performance Studies.
2018	The New School, New York, NY. Adjunct Professor (Freshman course on Creativity)
2008-2013	Towson University, Towson, MD -Adjunct Professor, BFA Program (Movement for Actors, Theatre History, LGBTQ Theatre & Performance, Acting, Scene Study) Guest Artist/Instructor, MFA Program (Rasaboxes, Activism, Healing and Performance, Research Methods)
1999-2016	New York University, New York, NY Adjunct Professor, MA Program in Performance Studies (The Performance Workshop)
2010-2016:	Angel Vianna School of Dance, Rio de Janeiro, Brazil (Guest classes in Laban Movement Analysis, Bartenieff Fundamentals, ecosomatics)

Select Publications

- Bowditch, Rachel, Paula Murray Cole, and Michele Minnick, eds. *Inside the Performance Workshop: A Sourcebook for Rasaboxes and Other Exercises*. London/New York: Routledge, 2023.
- Minnick, Michele. 2016. *Breathing Worlds: Somatic Practice, Performance, and the Self in the Life/Art Work of Leeny Sack* (Unpublished Dissertation)
--"Attending: A Dramaturgy of the Flesh." 2002. *Women and Performance* Journal, Special Issue on Dramaturgy. Ed., Cindy Brizell and Andre Lepecki.
-- and Paula Murray Cole. "The Actor as Athlete of the Emotions: The Rasaboxes Exercise." *Movement for Actors*. ed. Nicole Potter. Allworth Press, 2002, 2nd edition 2019.

Education

Current	Dynamic Embodiment, Registered Somatic Movement Therapy Training Program
2016	PhD New York University, Department of Performance Studies
2001	MA New York University, Department of Performance Studies
2000	CMA Laban/Bartenieff Institute of Movement Studies
1994	BA Vassar College (Theatre Major)
1992	National Theatre Institute Moscow Program (Moscow Art Theatre School)

Relevant Professional Development and Social Justice Training

Somatic Abolitionism with Resmaa Menakem and Carlin Quinn, Dynamic Embodiment Socially Conscious Somatics Forum, Embodied Social Justice Certificate Program and Integrative Somatic Trauma Therapy Program via Embody Lab, Extensive training with Anne Bogart and SITI Company, Expressive Arts in Nature Workshop, Online Somatic Expression Workshops and Creative Incubation Retreat with Jamie McHugh, Performance Workshop with Tim Miller, Essential Oils courses with Tiffany Carole