## House Calls: a short excerpt from a long list of possible questions

(All text is spoken by Michele Minnick, the author, known to her hosts as Dr. M, who has already been welcomed into the host's home, introduced herself and explained the process. All sessions are recorded, with permission. Permission is also then given to use any of the answers to these questions)

Okay, if you are ready, I'm going to take a history, then we'll talk about... the symptoms, and the illness. It may take some time to diagnose the problem, as this is a very complex situation.

If anything makes you uncomfortable, anything at all, you can ask to stop, or you can elect not to answer a particular question.

I'm going to begin recording. Ok? Here we go.

Where do you live?

Describe your current dwelling place.

Where in your dwelling place do you feel most at home?

Describe the first house or you lived in, if it was a house...

What was your favorite place in that house?

What was the most uncomfortable place in that house?

Did you share a room with anyone? What was that like?

Describe what you could see and hear outside your bedroom window (during the day/at night)

Was there anything in that house you were afraid of in or around that house, or in your neighborhood?

Do you remember what it smelled like?

Can you describe that smell?

Describe the landscape where you grew up.

Can you talk about the Water in your town? Where did it come from?

What kinds of trees grew there?

Do you know who lived in this house before you? (if anyone)

And do you know who lived here before that?

## And before that?

Who lived on this land before this house was built? Do you know what plants are native to this region? Do you know what animals are native to this region? Do you know what insects are native to this region? What do you call this age we live in? What do you need to live? What is vital to you? What do you need to thrive? What makes you feel gratitude? What makes you feel love? What gives you a sense of wonder? What gives you joy? What fills you with disgust? What has been making you angry lately? Do you feel pride in your country? In your city? In your neighborhood? Do you know your neighbors? Please list "pests" in your neighborhood, or your home. What/who is the most important animal on the planet? Are you aware of contaminants/pesticides in your food? Your water? The air? When you think of the future, what do you see? Smell? Hear? Do you believe that you have a responsibility to future generations? What is it?