



“The Mirror” by Michael K. Primavera
Illustration by Barbara Cox

Look in the mirror, what do you view?
Do you see your true self, or an image of you?
As you both look alike, can you tell them apart?
Is the one looking back peering into your heart?

Are you different today, or the same?
Can you name what it is that has changed?
So often, you're changing but then changing back.
But there is no going back and that never changes.

A mirror can frequently lie. When you look in your eyes
Are your feelings deceived, or can you be believed?
Are both of you on the same side?
If you lie to yourself then you're not unified.

So, are you divided with glass in between?
Are you falling behind where you thought you would be?
Are you looking behind yourself too frequently
Instead of looking ahead?

A mirror can't tell you what is to come.
But come to the mirror because you will see.
Tell it what to expect and expect it will be;
Once you agree with your image's view.

Imagine how much your image could do
When encouraged to listen to you.
Once it believes, it will give you that glance.
Then, there's more than a chance that you'll listen too,

And believe...