

HOW TO WRITE A POEM

Accompanied by Alluring

& Instructive Examples

Relating to the Subject

• Prepare by gorging on six or eight thousand poets, Ai to Zukofsky. Use 3 x 5 cards for tracking the good ones. One or two will likely do. Remember. there's poetry on restroom walls, on buses.

So read
everything
you can.
Then can
everything
you've read.
Bad influence.

How will you ever discover your voice unless you murder your tutors?

How to Write

PUBLISHER'S LOGO



& OTHER SQUIBS OF LIKE MIND

BRUCE SAGER

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ALSO BY BRUCE SAGER

THE INDULGENCE OF ICARUS
FAMOUS
THE PUMPING STATION
NINE NINETY-FIVE

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Part One AN AMUSING INSTRUCTION

i. Prologue: pay your dues

Prepare by gorging on six or eight thousand poets, Ai to Zukofsky. Use 3 x 5 cards for tracking the good ones. One or two will likely do. Remember, there's poetry on restroom walls, on buses. So read everything you can. Then can everything you've read. Bad influence.

How will you ever discover your voice unless you murder your tutors?

Keep a long knife by your side while you read, and also a feather pillow: now you are ready for rage or boredom. Trust me sweetie, one pillow might not be enough. Late or soon you'll start to trumpet one poet, expose another; you'll learn the taste of the tongue, learn to cry fraud, to entomb whole shelves, you'll learn to feed the fire. You'll learn which mushrooms are poison.

But once you begin to toss Big Names like so many spent matches from the steeple, it's time to try the steeple yourself.

Don't worry, it's nothing like the streets of Fallujah.

Fewer concrete diminishments.

More abstractions.

So fill your canteen with wine, it seems to be the thing to do.
Wine or whiskey or snort water's not worth too much up there.

It will also help to keep a bin in your cellar, if you can't bear to burn them, simply to jail your first thousand poems.

Should you ever be dragged into Poetry Court to find these adduced as evidence, you must blink at them as though they are drizzled in neon

and swear you recognize not a one, not a thing, you've never been there, tell them you've spent the last twenty years plotting the rise of reality TV.

Unveil your couch potato's gut.

Provisions laid in, you may begin:

^{*} for which minor delight you must wade through the entirety

Start by standing on someone's shoulders.

Maybe a writer, maybe not; could be a director,
a movie director. That's where I'd begin.

So pick a film at random. Cue it up. Go to Menu.

Now search for Deleted Scenes, useless snips of cinematic trash. Hit Play.

What do you make of this first one? . . . other than the obvious, that the soundtrack's off, the color uncorrected, that it's something like a drunkard by which I mean, it's not as funny as it thinks it is.

It's nothing. Just a notion.

(And remember, it's a Deleted Scene.

Its father does not love it.)

Well, stand that notion on its head.

Sharpen your pencil while ruminating

on what a notion might look like

with all the blood running to its bald

spot.

Now write: "Ignore the film. Just watch the deleted scenes." That's the ticket.

And so it begins. The long slide down the rabbit hole, the first step on the yellow brick road. You're a real writer now.

Ignore the film. Just watch the deleted scenes.

It's like handing a starter's pistol to a man in a checkered sport coat.

But where to go from here, whence no yellow bricks spiral off to some great but distant city?

Look, I never told you this would be easy.

Here's where the might and majesty of the language will step in, married in the near night under your little gooseneck writer's lamp. Or maybe not. Maybe the might and majesty of the language are currently in the employ of some other poet, likewise desperate to turn a bright sheet of foolscap into something deathless and deep, and despair begins to set in.

Turn your back to it, sugar booger.

Think of something else, something to spin like a beehive of cotton candy from *Ignore the film. Just watch the deleted scenes.*Maybe something that rhymes. Blue jeans. Depleted means. Smithereens. Jelly beans.

Fine, maybe rhyme isn't what the doctor ordered.

Not at this point.

So save it for the end, that elegant whimper,

perhaps a runcible slant rhyme couplet where a little might and majesty could creep in and make themselves useful, the exquisite slumming, isolate and droll. Or maybe your exit should be more subtle still, like the side door of a mansion. The trap door of a stage.

Maybe your denouement will be cockeyed,

draped in deception,

fringed with flame.

Maybe it will be about fairies or food or flood, some bizarre mash up of commonplace fluff designed to make us do a double take.

Who knows?

How can you know what you're going to eat until you get your hands on the menu? Until you've begun to pair the fish with the wine? Perspiration may begin with a single word.

Well, I meant *Inspiration*. Of course. That's why God made the backspace key. But this is a poem about process.

So pull down your prayer book, your dictionary the church of the alphabet.

Meanwhile, look out your window. It's raining. Rain. Rain. *Rain*

is to the writer . . . as . . .

 $oil \dots$

is . . . to . . . the . . .

racecar!

The rain is coming fast and hard, but you can never distil so much as a drop from its descent,

and so we are given only a corpse against the glass

or shattered upon the sidewalk.

The expended raindrop.

The raindrop that contains its oceans of woe, the lone man standing in darkness at the end of a pier, the lipstick on the mirror, the little trickle of blood from an ear.

The expended raindrop.

There might be something to that, reeking as it does of rack and ruin.

Wracke & ruine. There might be something to that.
But maybe not.

Alright, let's revisit the racecar thing; it wasn't entirely bad:

Rain is to the writer as oil is to the racecar.

Now there's a morning's work. You should feel proud. You should sit back and ponder.

And look how hard you've been working. Does the laborer not pause under the midday sun for a sip of water? The soldier beguile the hours of bivouac rolling coffin nails? Who are you to deny yourself the common comforts the body demands? And besides, maybe you have your poem already.

Maybe it goes:

Title:

Like Oil to the Racecar

Body:

Ignore the film.

Just watch the deleted scenes.

The wracke and ruine.

Perhaps somewhere far from here and now your wondrous formulation will fall into the hands of a beautiful woman. Or a student. A beautiful woman student.

A beautiful woman student.

She will think of a film she saw once, a film where some soldiers were rolling cigarettes on the eve of battle. She will recall the luminous eyes of the young one, gorgeous even in black and white, the one who will die in the next reel with so many unsmoked cigarettes in his future. God, his eyes were beautiful, she thinks to herself, and her engine revs, she is sleek and ready to roll, like a racecar, and her body begins to oil itself. And the rain is beating against her patio door.

And she doesn't know that the rain is of such import, greasing the skids that got her here: a mystical moment that no one will ever acknowledge or even consider—no one, perhaps,

except the poet, who
(while all of this action is going down)
will lean into his keyboard
as if into a great wind

nibbling at a sandwich of peanut butter and bananas while he pictures a beautiful

are you ready? –

woman student . . . a woman he imagines nibbling peanut butter and bananas.